

Healthy Mind, Healthy Life

Community Wellness Event

FREE AND OPEN TO THE PUBLIC



3–6 p.m.

Tuesday, September 15, 2026

JOY Center at Monroe County Plantation Key Community Center
53 High Point Road, Plantation Key, FL 33070

Join the Florida Department of Health in Monroe County, JOY Center, and Monroe County for an afternoon of learning, connection, and community support during National Suicide Prevention Month and National Senior Center Month.

There will be presentations on the following topics:

- Mental health and suicide prevention
- Local behavioral health resources
- Dementia and brain health
- Medicare assistance
- Senior services and nutrition programs
- Resources for caregivers and families

The event will feature:

- Community resource tables
- Giveaways
- Opportunities to connect with local organizations

Contact us to learn more.

305-293-7500

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