

Florida Department of Health in Monroe County
Women, Infants, and Children Program

Breastfeeding Support Resources

Resources found outside of DOH-Monroe's WIC Program



National Women's Health & Breastfeeding Helpline

800-994-9662

Available 9 a.m. to 6 p.m., Monday through Friday.

Lower Keys Medical Center Lactation Consultancy

Susan Martin, R.N., IBCLC

978-758-2325

If you deliver your baby at Lower Keys Medical, you get one free call with the hospital's lactation consultant.

Healthy Start Pregnancy and Parenting Support

305-676-3841

Home visiting support and information.

Ohio Breastfeeding Hotline

Call 888-588-3423

or text "BFHOTLINE" to 839863

Free 24/7 lactation consultation services.

Florida Keys Healthy Start Coalition

305-293-8424

Offering virtual classes on breastfeeding and what to expect during childbirth.



Alanna Dixon, IBCLC

850-510-2614

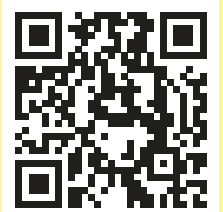
Scan the QR code to see if your insurance covers visits with a lactation consultant.



Strong Florida Moms

StrongFLMoms.com

Provides information and resources that covers pregnancy through birth and beyond. View local free breastfeeding classes to connect with others in your community.



Monroe.FloridaHealth.gov

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