## FOR IMMEDIATE RELEASE December 19, 2023

### DOH-MONROE TO HOST "HEALTH TO YOU" EVENTS IN EARLY 2024

# Florida HEALTH Monroe County

#### Contact:

Jennifer Lefelar, Public Information Officer 305-434-5413 Jennifer.Lefelar@flhealth.gov

**Monroe**, **Fla.** — The Florida Department of Health in Monroe County (DOH-Monroe) is hosting two free "Health to You" community events in early 2024.

- The first event will be Wednesday, January 17, 2024, from 2-4 p.m. at Big Pine Key Community Center in the Winn-Dixie Plaza on 176 Key Deer Boulevard.
- The second event will be Saturday, February 3, 2024, from noon-3 p.m. at Friendship Park on Hibiscus Road in Key Largo.

All attendees will receive a \$10 food gift card for their participation while supplies last. Door prizes will also be available.

"We are excited to host these "Health to You" events in Big Pine Key and Key Largo to make it easier for people living in these remote areas to gain access to the many free products and services we offer at DOH-Monroe," said **Dr. Carla Fry, PhD, MSN, RN, Administrator and Health Officer, DOH-Monroe**.

DOH-Monroe staff members will be on hand to provide the following services, all free of charge. No health insurance or appointments are required.

- Health screenings
- Immunizations
- Blood pressure checks
- Free bike helmets
- Narcan
- Nicotine patches

In addition to those services, other organizations will be on hand to share what they have to offer the community.

###

### **About the Florida Department of Health**

The Department, nationally accredited by the <u>Public Health Accreditation Board</u>, works to protect, promote and improve the health of all people in Florida through integrated state, county and community efforts. Follow us on X at <u>@HealthyFla</u> and on <u>Facebook</u>. For more information about the Florida Department of Health please visit FloridaHealth.gov.