

FOR IMMEDIATE RELEASE

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DOH-Monroe Hosts Key West “Health To You” Event

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Monroe, Fla. — The Florida Department of Health in Monroe County (DOH-Monroe) is hosting a free “Health To You” community event on Friday, April 4, 2025, from noon to 4 p.m. at the following location:

**Frederick Douglass Gym
111 Olivia St.
Key West**

All attendees will receive a \$10 food gift card for their participation while supplies last.

“We are excited to bring ‘Health To You’ to Bahama Village to make it easier for people to gain access to the many free products and services we offer at DOH-Monroe,” said **Dr. Carla Fry, PhD, MSN, RN, administrator and health officer, DOH-Monroe**. “This event will be special because attendees will be able to learn more about the digestive system with a fun and interactive giant inflatable colon, sponsored by University of Miami, CHI, and the City of Key West.

DOH-Monroe staff members will be on hand to provide the following services, all free of charge. No health insurance or registration is required.

- Bike helmets and safety gear
- Blood pressure checks and cuffs
- Glucose/sugar checks and monitors
- Mental care resources
- Narcan
- And more

In addition to the above services, many other Monroe County community organizations will be there to share information about their available services including:

- Rural Health Network – health insurance assistance for the Special Enrollment period and tax credits reconciliation
- Alliance for Aging – Medicare support
- Housing Authority of the City of Key West, Florida
- Lower Keys Medical Center
- Career Source South Florida
- Monroe County School District Adult Education
- Veterans Affairs
- Alzheimer’s Association

Translated information can be found on Monroe.FloridaHealth.gov.

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