

**FOR IMMEDIATE RELEASE**

**March 11, 2025**

## **DOH-Monroe Hosts Marathon “Health To You” Event**

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**Monroe, Fla. —** The Florida Department of Health in Monroe County (DOH-Monroe) is hosting a free “Health To You” community event on Saturday, March 22, 2025, from 10 a.m. - 3 p.m. at the following location:

**Marathon Community Park  
200 Ocean, 200 36<sup>th</sup> St.  
Marathon**

For this event, DOH-Monroe is partnering with the City of Marathon and the Community Health of South Florida, Inc. (CHI) for a Hop Into Wellness edition of “Health To You.”

All attendees will receive a \$10 food gift card for their participation, while supplies last.

“We are excited to bring ‘Health To You’ to Marathon to make it easier for the people living and working in the Middle Keys to gain access to the many free products and services we offer at DOH-Monroe,” said **Dr. Carla Fry, PhD, MSN, RN, administrator and health officer, DOH-Monroe**. “This is going to be a big event with a lot of community partners joining us to offer free giveaways and fun activities for the kids!”

No health insurance or registration is required. DOH-Monroe staff members will be on hand to provide the following, all free of charge, including but not limited to:

- Bike helmets and safety gear
- Blood pressure checks and cuffs
- Glucose/sugar checks and monitors
- Mental health resources
- Narcan

In addition to the above services, many other Monroe County community organizations will be at the event to share information about their available services, including, but not limited to:

- University of Miami Gamechanger Bus - cancer screenings
- Rural Health Network – health insurance assistance for the Special Enrollment period and tax credits reconciliation
- Alliance for Aging – Medicare support

[Additional information](#) is available in English, Spanish, and Haitian Creole.

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## **About the Florida Department of Health**

The Department, nationally accredited by the [Public Health Accreditation Board](#), works to protect, promote, and improve the health of all people in Florida through integrated state, county, and community efforts. Follow us on X at [@HealthyFla](#) and on [Facebook](#). For more information about the Florida Department of Health please visit [FloridaHealth.gov](#).