

FOR IMMEDIATE RELEASE

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DOH-Monroe Hosts Key Largo “Health To You” Event *Back-To-School and Breastfeeding Month Celebration*



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Monroe, Fla. — The Florida Department of Health in Monroe County (DOH-Monroe) is hosting a free “Health To You” community event on Friday, July 25, 2025, from 3 - 6 p.m. at the following location:

**Murray Nelson Government Cultural Center
102050 Overseas Highway
Key Largo**

All attendees will receive a \$10 food gift card for their participation, while supplies last.

“We are excited to bring ‘Health To You’ to Key Largo again this year to make it easier for the people living and working in the Upper Keys to gain access to the many free products and services offered by DOH-Monroe,” said **Dr. Carla Fry, PhD, MSN, RN, administrator and health officer, DOH-Monroe.** “This is going to be a fun event with a lot of free giveaways associated with the back-to-school season and National Breastfeeding Awareness Month.”

No health insurance or registration is required. DOH-Monroe staff members will be on hand to provide the following, all free of charge, including, but not limited to:

- WIC and breastfeeding education and resources
- School supply giveaways
- Bike helmets and safety gear
- Blood pressure checks and cuffs
- Glucose/sugar checks and monitors
- Mental health resources
- HIV prevention education and resources
- Narcan

In addition to the above services, many other Monroe County community organizations will be at the event to share information about their available services.

[Additional information](#) is available in English and Spanish.

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About the Florida Department of Health

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