

**FOR IMMEDIATE RELEASE**

**August 4, 2025**

## **DOH-Monroe Hosts Breastfeeding Event**



**Contact:**

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**Monroe County, Fla.** — The Florida Department of Health in Monroe County (DOH-Monroe) invites the public to attend the National Breastfeeding Month Educational Program on Monday, August 4, 2025.

The event will be held from 10 a.m. – 2 p.m. at:

**Monroe County Public Library, Marathon Branch  
Community Room  
3490 Overseas Highway  
Marathon, FL 33050**

The event will include an educational slideshow featuring breastfeeding moms and families to highlight the benefits of breastfeeding during National Breastfeeding Month.

Free educational resources will be provided to all attendees.

The Florida Keys Healthy Start Coalition is also providing free snacks (while supplies last) and educational resources to all attendees.

Preregistration is not required.

Additionally, representatives from DOH-Monroe will also be present at the following community events this week to distribute free gift bags and educational resources for National Breastfeeding Month:

**National Night Out Special Family Event  
Tuesday, August 5, 2025  
5:30 – 7:30 p.m.  
Truman Waterfront Park  
End of Southard Street  
Key West, FL 33040**

**National Night Out Special Family Event  
Tuesday, August 5, 2025  
5:30 – 7:30 p.m.  
Key Largo Community Park  
500 St Croix Pl  
Key Largo, FL 33037**

Breastmilk is a fundamental source of nourishment and helps create a powerful bond between mother and child. Breastmilk contains antibodies, enzymes, and essential nutrients, and supports a baby's physical development. Breastmilk also protects a baby's immune system and helps fight against infections and diseases.

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**About the Florida Department of Health**

The Department, nationally accredited by the [Public Health Accreditation Board](#), works to protect, promote, and improve the health of all people in Florida through integrated state, county, and community efforts.

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