



swing jump bounce climb rock

**Question:
At what age are you planning
to stop having fun?**

We hope the answer is never! Children and young adults can find fun in almost any safe recreational environment, but as we age, we shouldn't have to spend a small fortune visiting a theme park. In the 21st Century, we must lose the concept of cookie-cutter parks and playgrounds. Communities need the courage to advocate for creativity and innovation in the design of new multigenerational parks that consider the activities appropriate to all age groups. Multigenerational parks can become the focus of a community's recreational patterns and a source of considerable neighborhood pride.

Artistic creativity, conceptual advances, innovative use of safe construction materials, and all contribute to multigenerational parks.

**COMPONENTS OF A
MULTIGENERATIONAL
PARK:**

- Aerobics
- Muscular fitness & flexibility equipment
- Relaxation stations
- Hydration stations
- Informational signage for all participants
- WiFi access
- ADA compliance

play has no age limit!

Learn more.

Contact Gayle Glover with the Florida Department of Health in Monroe County at (305) 809-5606 or Gayle.Glover@flhealth.gov.





laugh skip learn stretch smile

“Multigenerational parks are a new concept that goes beyond the traditional structure of playgrounds and picnic areas.

Just as a community has residents of all ages, a modern park should reflect the community and appeal to all generations. Multigenerational parks allow for more interaction between all age groups and foster a sense of community. This concept encourages all users, regardless of age, to remain active and enjoy a healthy lifestyle.”

**Administrator Bob Eadie,
Florida Department of Health in Monroe County**

Let’s improve our parks in the Lower Keys!

Promote fun and fitness for people of all ages and abilities by providing safe and beautiful parks with multiple activities.

play has no age limit!

The Multigenerational Parks Grant is made possible by the Health Foundation of South Florida. The grant is managed by the Florida Department of Health in Monroe County where we will partner with city and county planners, commissioners, residents and community partners to provide consultant services on parks re-development.

Learn more. Contact Gayle Glover at (305) 809-5606 or Gayle.Glover@flhealth.gov.

