



swing jump bounce climb rock

Question: At what age are you planning to stop having fun?

We hope the answer is never! Children and young adults can typically find fun in almost any safe recreational environment, but as we age, we shouldn't have to spend a small fortune visiting a theme park. In the 21st Century, we must lose the concept of cookie-cutter parks and playgrounds. Communities need the courage to advocate for creativity and innovation in the design of new multigenerational parks that consider the activities appropriate to all age groups.

Multigenerational parks can become the focus of a community's recreational patterns and a source of considerable neighborhood pride. Artistic creativity, conceptual advances, innovative use of safe construction materials, and attention to landscaping detail all contribute to a park that appeals to every age group.

Today, there are a growing number of households where three or more generations live under one roof, and multigenerational parks are a logical step in considering the needs of all individuals to get outside and have fun!

**MULTIGENERATIONAL
PARKS ARE FOR
EVERYONE BECAUSE
PLAY HAS NO AGE LIMIT**

What are the components of a multigenerational park?

Aerobics

Muscular fitness and flexibility equipment

Relaxation stations

Hydration stations

Informational signage for all participants

WiFi access

ADA compliance



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laugh skip learn stretch smile

Multigenerational parks are a new concept that goes beyond the traditional structure of playgrounds and picnic areas. Just as a community has residents of all ages, a modern park should reflect the community and appeal to all generations. Multigenerational parks allow for more interaction between all age groups and foster a sense community. This concept encourages all users, regardless of age, to remain active and enjoy a healthy lifestyle.

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**Administrator Bob Eadie,
Florida Department of
Health in Monroe County**

Let's Improve Our Parks in the Lower Keys

Our goals are to promote fun and improve fitness for people of all ages and abilities, and provide a safe outdoor environment with multiple activities of varying intensities.

Learn More About the Multigenerational Parks Grant

The grant is made possible by the Health Foundation of South Florida. Slated for two years beginning April 2016, the grant is managed by the Florida Department of Health in Monroe County where we will partner with city and county planners, city and county commissioners, residents and community partners. We can provide technical assistance and consultant services on parks re-development.



Please Contact Us

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